



Vine & Branches

Rachel's Vineyard
Healing the Pain of Abortion
One Weekend at a Time

MAIN MENU

[Home](#)

[FAQs](#)

[Retreats](#)

[Contact US](#)

[Our Store](#)

ARTICLES

[Healing Together at Any Age](#)

[A Women Recounts Post-Abortion Healing Through Rachel's Vineyard](#)

[Rachel's Vineyard Appeal](#)

[Rachel's Vineyard Around the World](#)

[RV Recommends...](#)

[Men, Abortion and Healing the Hidden Struggle](#)

[Raquel's House: A Sanctuary of Peace and Healing in Boyacá](#)

[Event of Interest...](#)

[Connect with us!!](#)

[Additional Healing Programs from Dr. Burke](#)

[Upcoming Rachel's Vineyard Retreats](#)

UNSUBSCRIBE

Spring 2026

Healing Together at Any Age

We often share that it's never too late to find healing. Our retreat offers a unique experience to heal together with others who have experienced the pain of abortion. A recent story out of Rachel's Vineyard Dallas proves this beautiful sentiment to be true.

One of our 23-year-olds walked over to our 76-year-old and after a long embrace they peered into each other's eyes for a very long time in silence.

The younger one said: "I just wanted to tell you that you remind me of my grandmother. I had always wished I had told my grandmother what was going on, because I think she might have supported me, and I wouldn't be here today, but I didn't do it. With you here, I felt like my grandmother was listening and supporting me, and that meant so much to me. Also, I wanted to say that I admire you. I admire you because you came on retreat after 43 years of silent pain, and you had the courage to share that story with us. You could have continued suffering, but instead you chose what was right, by coming on this retreat, and I learned an important lesson from you. Choose what is right, no matter what. Thank you for being here."

The loving response was: "It is I that admires you. Yes, look into my eyes...I admire **you**. You will **not** be following in my footsteps for 43 years, you are here today and I know it took so much courage to get out of that truck and walk through the doors. You are a strong young lady, and you have chosen what is right, **NOW**, and I know your life will be full of blessings. Oh, and if you will allow it, I would love to be like a grandmother for you too! Maybe you will come visit me sometime, as I will always be praying for you."

Encounters not written in the manual used on the healing retreat. Encounters that heal everyone in the room.

“

"Is the spring coming?" he said. "What is it like?"...
"It is the sun shining on the rain
and the rain falling on the sunshine..."



A Women Recounts Post-Abortion Healing Through Rachel's Vineyard

The Catholic Diocese of Wichita recently published a resilient and beautiful testimony from a recent retreat attendee.

Over the course of one weekend, I was able to revisit and unpack the abortion and face it in the most compassionate embrace of the Lord. I felt so secure in his arms as I finally allowed myself to grieve. My fears and doubts dissolved as I came face-to-face with his love and mercy. It was truly a transformative experience that not only brought me healing, but also brought me into the fullness of the faith.

*To read the full story, [click here!](#)



That is one good thing about this world...
there are always sure to be more springs.

- L.M. Montgomery



Rachel's Vineyard Appeal

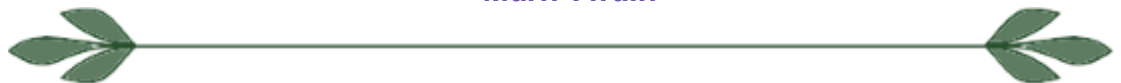
The Spring is a time of renewal. The flowers and trees bloom and warmth fills the air. As the world around us blossoms, it's a beautiful time to experience the transformative power of Rachel's Vineyard.

As a non-profit ministry, we are only able to grow because of **you!** If you feel called to support us this Spring, [donate today](#) so that we can continue to spread Rachel's Vineyard around the world.



It's spring fever. That is what the name of it is.
And when you've got it, you want—oh,
you don't quite know what it is you do want,
but it just fairly makes your heart ache, you want it so!

- Mark Twain



Rachel's Vineyard Around the World

Cape Town, South Africa

Our Cape Town team was recently featured in "The Southern Cross."

"Rachel's Vineyard offers a unique sensory-based treatment which integrates emotional, psychological and spiritual dimensions. The healing journey uses creative Living Scripture Exercises and rituals which engage the mind, body and soul. Coupled with Sacraments, prayer, group activities, therapeutic facilitation, cognitive restructuring and discussions and offers an effective process for grief work grounded in Jesus and the word of God. This is a step-by-step process and provides a powerful "therapy for the soul", a safe and gentle journey to open unspeakable wounds to the grace of God."

[Click here](#) to read the full article, which includes a beautiful reflection on Rachel's Vineyard from Fr. Theo April (Archdiocese of Cape Town).



Intibucá, Honduras

Update from Emily Babilonia:

On February 6-8 we held our first Spanish retreat for the Diócesis de Gracias in Lempira Intibucá, Honduras. Bishop Monsignor Walter Guillen Soto, SDB, received our Palm Beach team along with team members of the Dioceses of Tegucigalpa & Trujillo. From the Diocese of Gracias, we had Fray Augustine O'Conner, Fr. Marvin Sotelo & Therapist Demetria García, for a total of 13 team members. We had 15 participants, including one Priest, one Religious sister, and three couples, and we honored 21 babies.

Before starting the retreat on Friday, Bishop Guillen surprised us by thanking us for opening this new ministry in his Dioceses. Even though abortion is not legal in Honduras, there is a great need for healing the trauma of abortion. The Monday after our retreat, Bishop Guillen called the Priest on our retreat and asked him how it went. The Priest responded, "I resuscitated again." Monsignor also sent a text to our therapist, letting her know that he had heard very good things about the retreat, "I would like to tell you that all the echoes I have heard from the retreat are very positive. Without a doubt, the time, material and management invested have given fruit. Thank you, also, for making it possible in Lempira lands in Intibucá. May God reward you for the good seeds you've sown."



“

Spring drew on...and a greenness grew over those brown beds,

which, freshening daily, suggested the thought that
Hope traversed them at night,
and left each morning brighter traces of her steps.
- Charlotte Brontë, *Jane Eyre*



Rachel's Vineyard Recommends...

[Adrienne LeCoure shares her powerful testimony](#) at the "Winter Life Gala" in Washington state. While experiencing external validation for her "picture-perfect" life, she was silently suffering inside. Adrienne bravely speaks to her experience, and shares about attending Rachel's Vineyard, where she found healing in May of 2025.



Fr. Ben was recently a guest for a 3-part series with "Women of Grace" on EWTN. Check out the links below to watch!

[The Aftermath of Abortion: The Road to Healing & Hope, Part 1](#)

To some degree, all of us experience grief. However, not all grief is the same. Some griefs are harder to work through than others. One such grief is that which ensues in the aftermath of an abortion. Our guest will outline its signs, symptoms, and effects, and the road to healing and hope.

[The Aftermath of Abortion: The Road to Healing & Hope, Part 2](#)

Father Ben Cameron will continue to discuss the emotional, mental, spiritual, and often physical effects of abortion. He has witnessed them first-hand in his many years of post-abortion ministry. But, he also knows that hope and healing come to the afflicted when loving compassion leads them through a process restoration and renewal.

[Up Close & Personal with Fr. Ben J. Cameron, CPM](#)



Kevin Burke was a guest on Relevant Radio with Doug Hinderer. Marriage Unhindered is a sincere exploration of the joys and challenges within the realm of marriage. Hosted by seasoned Licensed Marriage and Family Therapist, Doug Hinderer, this one-hour, caller-based show offers listeners an authentic journey into the complexities of marital relationships.

To listen to the full segment, [click here!](#)



[Fact or Fiction: Most women experience relief after abortion](#) by Dr. Theresa and Kevin Burke was recently published by Pregnancy Help News.

After Lauren attended an emotional and spiritual healing program for abortion loss, something changed.

“The program gently allowed me to lower my defenses, built up over many years, and heal from the spiritual and emotional wounds I experienced from my abortions,” she said.

“

Earth laughs in flowers.
- *Ralph Waldo Emerson*

Men, Abortion and Healing the Hidden Struggle

Pro-life ministries are helping fathers break their silence and find healing after the loss of their unborn children.

"Corcoran's experience mirrors what Kevin Burke, co-founder of Rachel's Vineyard, says he has witnessed for decades in abortion-healing work with men. According to Burke, one of the greatest misconceptions surrounding abortion is that men are largely unaffected."

To read the full piece from the National Catholic Register, [click here!](#)

“

For lo, the winter is past, the rain is over and gone.
The flowers appear on the earth;
the time of singing has come,
and the voice of the turtledove is heard in our land.
- *Song of Solomon 2:11-12*

Raquel's House: A Sanctuary of Peace and Healing in Boyacá



In the heart of the beautiful Vereda de Susacá, in Aquitania, Boyacá, Colombia, an extraordinary project is taking shape: **Raquel's House**. More than just a construction, this place promises to be a haven of peace, love, and warmth of home in one of Colombia's most stunning landscapes.

Strategically located in front of the majestic Lake Tota, one of the most important water surfaces in the country, Raquel's House will offer participants and teams an unparalleled environment. Here, fresh air and direct contact with nature become the perfect allies to escape the hustle and bustle of everyday life.

This space is designed to host Rachel's Vineyard weekend retreats, focused on healing and forgiveness. The goal is to provide participants with a welcoming and serene environment, where they can fully focus on an inner journey to receive the grace of forgiveness and find deep healing and personal encounter with Our Lord Jesus Christ.

A Haven of Warmth and Nature

Rachel's House is much more than a house; it is an extension of the landscape that surrounds it. Its architectural design has been conceived to merge with the natural beauty of the region, using local and sustainable materials that reflect the warmth of a Boyacá home. Large windows and wide open spaces will allow guests to enjoy uninterrupted panoramic views of the stunning Lake Tota and the surrounding mountains, inviting the landscape to become part of the experience.

Every corner of the house has been planned to encourage tranquility and introspection. The cozy and bright rooms will offer a private retreat for rest, while the common areas will be the ideal meeting point for reflection and connection between participants and servers. These spaces will be equipped with everything necessary for the servers to perform each exercise properly and with the materials for each session, guaranteeing a fluid and meaningful experience.

Rachel's Grotto: A Memorial for the Innocents

A central element that distinguishes this project is the chapel of prayer and reparation called **Rachel's Grotto**. This sacred space was born from a deep inspiration and a clear purpose: to be a memorial for thousands of unborn children. Here they are granted a kind of "spiritual burial" and their names, given to them by their mothers, fathers or relatives, are inscribed on small white marble plaques.

The original Grotto is located in the Frauenberg monastery (Bodman, Germany), right next to the crypt where perpetual adoration has been held for more than forty years, among other reasons, to ask God's forgiveness for the slaughter of unborn children. We wanted to integrate this same purpose, at the invitation of our friends from Harpa Dei, into the construction of Rachel's House. With its privileged view of Lake Tota, the Grotto becomes for Colombia a sanctuary of repair and healing.

With this touching gesture, it is sought:

- **To give thanks to God**, who created each of these children and called them by name, the heavenly Father who especially loves the weak and the little ones.
- **Honor the innocent child** who was deprived of the right to live.
- **To help the mother in her process of reconciliation** with God and with her child. Often, women who have had abortions fail to forgive themselves.

In these cases, giving the child a name can be an important step in healing, as it allows for a personal relationship to be established with them.

- **Testify to the world** that an unborn child is a human being from the beginning.

If you yourself have been involved in an abortion or know of a case in your own family or circle of acquaintances, **name the child and write to us!** with your donation we will make a plaque with her name and thus she will have a place of honor forever in Rachel's Grotto.



How to Support Rachel's House

The construction of Raquel's House is a dream that is coming true thanks to the generosity of supportive hearts. If you want to be part of this project of love and healing, you can contribute with your donation. Your support is essential to finish the work and open the doors of this refuge of peace.

Make your donation to the Pro-Life Foundation Regina Angelórum Colombia.

- NIT: 901955054
- Savings Account: 26200008024
- Swift code: COLOCOBMMMD1
- Email: reginaangelorumcolombiafundaci@gmail.com

Each contribution brings us one step closer to the goal of healing and serving. Rachel's House is not just a destination; it is an experience. It is the opportunity to disconnect to reconnect with God, to find calm in the midst of natural beauty, and to open the heart to heal in a place that breathes tranquility and purpose.



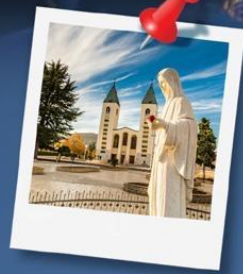
**Let us know, let us pursue the knowledge of the Lord.
His going forth is established as the morning;
He will come to us like the rain,
like the latter and former rain to the earth.
- Hosea 6:3**



Event of Interest:

Pilgrimage to Medjugorje

PEREGRINACIÓN A MEDJUGORJE



PARA EQUIPOS DE SERVICIO DE
VIÑEDO DE RAQUEL EN ESPAÑOL

DEL 1 AL 8 DE NOVIEMBRE 2026

INCLUYE:

- Alojamiento en habitaciones dobles o triples.
- Media pensión (desayuno y almuerzo o cena)
- Transportes aeropuerto: Split/Medjugorje/Split
- Transporte a los lugares que visitaremos fuera y dentro del pueblo
- Visitas a lugares importantes de Medjugorje.
- Testimonios
- Subida a los Montes Podbrdo y Krizevac
- Enseñanzas
- Acompañamiento todo el tiempo
- Guía local
- Kit "Super peregrino" (String bag)

NO INCLUYE:

- Pasaje Aéreo

*Inscripciones
abiertas!*

CUPOS LIMITADOS

- 48 espacios disponibles

INFORMACIÓN



Emily Babilonia
+1 (561) 254 1728



ORGANIZA:



www.peregrinandoconmaria.com

PILGRIMAGE TO MEDJUGORJE



FOR RACHEL'S VINEYARD SERVICE TEAMS IN SPANISH

FROM NOVEMBER 1 TO 8, 2026

INCLUDES:

- Accommodation in double or triple rooms.
- Half board (breakfast and lunch or dinner)
- Airport transfers:
 - Split/Medjugorje/Split
- Transportation to the places we will visit outside and inside the town
- Visits to important places in Medjugorje.
- Testimonials
- Climb to Mount Podbrdo and Krizevac
- Teachings
- Accompaniment at all times
- Local guide
- "Super Pilgrim" Kit (String bag)

DOES NOT INCLUDE:

- Airfare

Registration open!

LIMITED SPACE
• 48 spaces available

INFORMATION

 Emily Babilonia
+1 (561) 254 1728



ORGANIZED BY:

Pilgrimage with Mary
www.peregrinandomaria.com



It was one of those March days
when the sun shines hot
and the wind blows cold,

when it is summer in the light
and winter in the shade.

- Charles Dickens

Connect with us!! RV Social Media

“ Over the course of one weekend,
I was able to revisit and unpack the
abortion and face it in the most
compassionate embrace of the Lord.
It was truly a transformative experience.”



Social Media provides a wonderful opportunity for us to connect with our teams, retreatants, and ministry supporters from around the world!

Please follow us to stay up-to-date with the latest from RV:

[Facebook.com/RachelsVineyard](https://www.facebook.com/RachelsVineyard)

Instagram [@RVHealing](https://www.instagram.com/RVHealing)

Twitter/X [@RVHealing](https://twitter.com/RVHealing)

[Youtube.com/RachelsVineyard](https://www.youtube.com/RachelsVineyard)

“

When spring came,
even the false spring,
there were no problems
except where to be happiest.

- Ernest Hemingway

Additional Healing Programs from Dr. Theresa Burke

The founder of Rachel's Vineyard, Dr. Theresa Burke, has developed two additional healing retreats:

- Grief to Grace: Healing the Wounds of Abuse, Reclaiming the Gift of Human Dignity
- Duty to Heal: Finding Peace for a Soldiers Heart.

To see the retreat schedule for Grief to Grace, [click here!](#)
For more information about Duty to Heal, [click here!](#)



“

**He shall be like a tree planted by the rivers of water,
that brings forth its fruit in its season,
whose leaf also shall not wither;
and whatever he does shall prosper.**

- Psalm 1:3